

National Start! Walking Day

Save the Date
April 8, 2009

start!

American Heart
Association



Learn and Live

Celebrate National Start! Walking Day and the steps you are taking to live a healthier life.

Wear your sneakers and join us for a walk -
your heart will thank you for it.

Dilworth Plaza at City Hall
11:30 a.m. to 1:30 p.m.
Walk begins at Noon

Start! Philadelphia Premier Partner

We want you to know®

